

Worksheet

Name :

Subject:

U 6 Lesson 1A

Class: 12th grade

Date:

Lesson 1A – Body Language Vocabulary & Speaking Handout

A. Speaking Questions

Discuss these questions in pairs:

English	Arabic Translation
1. What do you first notice when you meet someone new?	ما أول شيء تلاحظه عند مقابلة شخص جديد؟
2. What do you think you can learn from a person's body language?	ماذا تعتقد يمكنك أن تتعلم من لغة جسد الشخص؟
3. What does your body language say about you?	ماذا تقول لغة جسدك عنك؟

B. Body Language Gestures – Vocabulary & Translation

Gesture (Verb + Body Part)	Meaning / Emotion	Arabic Translation	Synonyms
fold your arms	defensive / uncomfortable	يضع ذراعيه متشابكتين	cross arms
purse your lips	concentrating / annoyed	يضغط شفتيه	tighten lips
furrow your brow	worried / focused	يحبس حاجبيه	knit your brow
drum your fingers	impatient / bored	ينقر بأصابعه	tap fingers
rub your hands together	excited / nervous	يقرب يديه معًا	clasp hands
tilt your head	curious / attentive	يميل رأسه	lean head
cross your ankles	relaxed / polite	يضع كاحليه فوق بعض	
tent your fingers	in control / confident	يشكل أصابعه على شكل خيمة	
wrinkle your nose	distasteful / disgusted	يحبس أنفه	scrunch nose
stroke your chin	thinking / unsure	يلمس ذقنه	touch chin

C. Collocations (Verb + Pronoun + Noun)

Collocation	Arabic Translation	Synonyms / Notes

Collocation	Arabic Translation	Synonyms / Notes
tilt your head	يميل رأسك	bend your head (less common)
clear your throat	يصفق حلقه / ينفّح صوته	cough politely
grind your teeth	يصرّ على أسنانه	gnash teeth
shrug your shoulders	يهز كتفيه	raise shoulders
twirl your hair	يلف شعرك	spin / twist hair
flick hair back	يزبّح الشعر من وجهه	toss hair

D. Reflection / Discussion

1. Do body language gestures in this lesson have the same meaning in Jordan?
هل تعني لغة الجسد في هذا الدرس نفس المعنى في الأردن؟
2. How does virtual communication affect our body language?
كيف تؤثر الوسائل الافتراضية على لغة جسدنَا وتواصلنا؟

Lesson 1A – Body Language:

A. Speaking Questions

Question	Arabic Translation	Suggested Answer
1. What do you first notice when you meet someone new?	ما أول شيء تلاحظه عند مقابلة شخص جديد؟	Their smile, handshake, or eye contact.
2. What do you think you can learn from a person's body language?	ماذا تعتقد يمكنك أن تتعلم من لغة جسد الشخص؟	How they are feeling, if they are confident, nervous, or friendly.
3. What does your body language say about you?	ماذا تقول لغة جسدي عنك؟	It may show if I am confident, nervous, relaxed, or attentive.

B. Body Language Gestures – Answers

Gesture	Arabic Translation	Emotion / Meaning
fold your arms	يضع ذراعيه متثابكتين	defensive / uncomfortable
purse your lips	يضغط شفتيه	concentrating / annoyed
furrow your brow	يعبس حاجبيه	worried / focused
drum your fingers	ينقر بأصابعه	impatient / bored

Gesture	Arabic Translation	Emotion / Meaning
rub your hands together	يفرك يديه معًا	excited / nervous
tilt your head	يميل رأسه	curious / attentive
cross your ankles	يضع كاحليه فوق بعض	relaxed / polite
tent your fingers	يشكل أصابعه على شكل خيمة	in control / confident
wrinkle your nose	يبعس أنفه	distasteful / disgusted
stroke your chin	يلمس ذقنه	thinking / unsure

C. Active Vocabulary: Matching with Emotions / Pictures

Vocabulary Box: attentive, concentrating, defensive, distasteful, excited, impatient, in control, indecisive, irritated, nervous

Number	Person	Gesture Number (from Exercise 2) / Answer
1	Hala	2 – concentrating
2	Ali	10 – stroke your chin
3	Osama	4 – drum your fingers
4	Malak	6 – tilt your head
5	Rashed	5 – rub your hands together

D. Collocations (Verb + Pronoun + Noun)

Sentence	Arabic Translation	Answer (Verb)
1. I usually have to _____ my throat before speaking to an audience.	عادةً ما أحتاج إلى _____ حلقى قبل التحدث أمام الجمهور	clear
2. My mum took my brother to the dentist because he _____ his teeth when he's asleep.	أخذت أمي أخي إلى طبيب الأسنان لأنه كان _____ أسنانه أثناء النوم	grind
3. I asked Imad if he could help me and he simply _____ his shoulders.	سألت عماد إذا كان يستطيع مساعدتي، فقال ببساطة إنه _____ كتفيه	shrug
4. It's so annoying when my sister _____ her hair in her fingers while she's talking.	من المزعج جدًا عندما كانت أختي _____ شعرها بأسابيعها أثناء الكلام	twirl
5. I always know when it's time for a haircut because I start needing to _____ my hair back from my face.	أعرف دائمًا متى يحين وقت الحلاقة لأنني أبدأ في الحاجة إلى _____ شعري بعيدًا عن وجهي	flick

E. Reflection / Culture / Society – Suggested Answers

1. Do the body language gestures in this lesson mean the same in Jordan?

هل تعني لغة الجسد في هذا الدرس نفس المعنى في الأردن؟

Answer: Some gestures are similar, e.g., folding arms may show defensiveness, but others may differ culturally.

2. How does virtual communication affect our body language?

كيف تؤثر الوسائل الافتراضية على لغة جسدنَا وتوصلنا؟

Answer: Virtual communication reduces physical cues like gestures and facial expressions, so people rely more on tone, emojis, or words to communicate feelings.

Haneen Mazahreh