

Worksheet

Name :		Subject:	U 5
Class:	12 th grade	Date:	

Question One

Choose the correct word to complete each sentence.

1. Trying to finish the assignment before bedtime was _____. I couldn't concentrate at all.
A) futile
B) strenuous
C) valiant
D) disciplined
2. There is a lot of _____ between the sisters to achieve the best results at school.
A) discipline
B) rivalry
C) aptitude
D) scrutiny
3. He has a real stubborn _____ when it comes to working well in teams.
A) part
B) streak
C) aspect
D) aptitude
4. The performance of the players will come under closer _____ after a series of poor match results.
A) criticism
B) scrutiny
C) discipline
D) rivalry
5. When I read the exam question, I just _____ and couldn't remember a thing.
A) saw
B) thought
C) went blank
D) debated

Question Two

Choose the correct modal verb or expression to complete each sentence.

6. It _____ have been horrific trying to learn so many lines.
A) can
B) could
C) must
D) should
7. I _____ assure you – it doesn't get easier the more plays you do.
A) could
B) must

- C) should
D) can
8. We were _____ to put down our books three weeks before the performance.
A) supposed
B) allowed
C) needed
D) required
9. I _____ have put down my book when the director said.
A) must
B) should
C) could
D) would
10. I guess I _____ have started learning my lines earlier.
A) must
B) should
C) can
D) need
11. I didn't fancy sitting on the beach when I _____ have been swimming and socialising.
A) must
B) should
C) would
D) could
12. You _____ have worried. You were word perfect.
A) mustn't
B) needn't
C) couldn't
D) shouldn't

Question Three

Choose the correct form of the word in capitals to complete the text.

13. It might be considered _____ by some.
(DEBATE)
A) debating
B) debatable
C) debated
D) debater
14. It would be _____ to think that self-testing should only happen at the end of learning.
(GUIDE)
A) guided
B) guiding
C) misguided
D) guidance
15. Leaving revision to the last minute could _____ on us.
(FIRE)
A) fire
B) firing
C) fired
D) backfire
16. _____ involves persevering with such testing.
A) This
B) These

- C) They
D) Those
17. _____ with such testing can pay off.
(PERSEVERE)
A) Perseverance
B) Persevering
C) Persevered
D) Persevere
18. Students may take exams with the self-_____ that they have consolidated their learning.
(CONVINCE)
A) convincing
B) convinced
C) conviction
D) convince

ANSWER KEY

Q Answer Q Answer

- | | |
|-----|------|
| 1 A | 10 B |
| 2 B | 11 D |
| 3 B | 12 B |
| 4 B | 13 B |
| 5 C | 14 C |
| 6 C | 15 D |
| 7 D | 16 A |
| 8 A | 17 A |
| 9 C | 18 C |

Reading Comprehension Exam

SUCCESS IN COLLEGE – SUCCESS FOR LIFE

What exactly is life coaching? At its most basic, a life coach is someone who you pay to give you advice about how to improve your life. Unlike a therapist, who requires professional qualifications, anyone can be a life coach and they can provide a useful service as long as both parties are aware that a life coach is not certified to deal with problems such as depression or anxiety.

What life coaches are, in essence, is a replacement for friends or family who people would traditionally turn to for advice and encouragement. They support clients in recognising their strengths and weaknesses and show them how to achieve their goals or, if necessary, identify what these might be. In doing this, they help people to overcome any problems that stand in their way.

The International Coach Federation ensures they all abide by a common set of rules. A coach registered with the ICF is obliged to follow their code of ethics and standards of behaviour which include client confidentiality. However, not all coaches are members of this organisation so care must be taken when choosing someone for guidance.

Undoubtedly, life coaching can be highly beneficial to all. However, students experience challenges at university, regardless of the financial circumstances that they came from. This creates a disparity between students who can pay for a life coach and those who are unable to afford one.

As a college degree has been proven to be vital for economic and social advancement, more and more stressed-out students become life coaches' patients. Sometimes, educators suggest life coaching to troubled young people who need the security of being able to talk to someone non-judgemental. More importantly, they need to know that the person is reliable.

This is one of the reasons why the life coaching organisation **Beyond 12** was set up: to assist the underprivileged. Its founder is Alexandra Bernadotte, whose family moved to the USA when she was a child. As a straight-A student, she was offered a place at the prestigious Dartmouth College. Although she managed to graduate, she found the years spent at college extremely demanding. She struggled to fit in among students from very different backgrounds and lived on the breadline. Unable to afford a life coach, only her determination allowed her to continue. After graduating, she was determined to help other students in the same situation.

Most students face difficulties adjusting to university life after leaving home. These include homesickness, stress, and lack of confidence. First-generation college students often suffer more, experiencing loneliness and a lack of professional help.

That's where Beyond 12 comes in. The team is small but committed, offering guidance to low-income students. On average, after six years, only 42 percent of poorer students graduate or remain in college. With Beyond 12's support, this figure rises to 85 percent.

Thanks to Alexandra and the life coaches her organisation employs, many young people are benefiting from an education that will allow them and their children to achieve better economic and personal prospects.

Question Number One

Choose the correct answer from A, B, C, or D.

1. What is the main role of a life coach according to the text?
 - A) To diagnose mental health problems
 - B) To replace university lecturers
 - C) To give advice on improving one's life
 - D) To provide medical treatment
2. How does a life coach differ from a therapist?
 - A) A life coach is more experienced
 - B) A life coach does not need professional qualifications
 - C) A therapist gives financial advice
 - D) A therapist works only with students
3. Why must people be careful when choosing a life coach?
 - A) Coaching is very expensive
 - B) Not all coaches follow ethical standards
 - C) Coaches cannot give advice
 - D) Coaches only help wealthy clients
4. Why do educators sometimes recommend life coaching to students?
 - A) To help them find jobs
 - B) To replace family support
 - C) To provide non-judgemental and reliable support
 - D) To improve exam results

5. What problem related to life coaching is highlighted in the text?
 - A) It is ineffective
 - B) It takes too much time
 - C) Not all students can afford it
 - D) It causes emotional dependence
6. Why was Beyond 12 established?
 - A) To train therapists
 - B) To help underprivileged students
 - C) To support high-income students
 - D) To replace universities
7. What personal experience influenced Alexandra Bernadotte to start Beyond 12?
 - A) Her financial success
 - B) Her role as a teacher
 - C) Her struggle to fit in and lack of support at college
 - D) Her dissatisfaction with education
8. What challenges do many students face when they enter university?
 - A) Poor teaching only
 - B) Homesickness, stress, and lack of confidence
 - C) Lack of interest in studying
 - D) Financial success
9. Why are first-generation college students more likely to struggle?
 - A) They lack ability
 - B) They lack motivation
 - C) They often feel lonely and lack professional help
 - D) They dislike education
10. What does the figure “42 percent” refer to?
 - A) Students who seek life coaching
 - B) Students who drop out immediately
 - C) Poorer students who graduate or remain in college
 - D) Students who receive scholarships
11. How does Beyond 12 affect student success rates?
 - A) It lowers stress but not graduation
 - B) It increases the rate to 85 percent
 - C) It has no impact
 - D) It helps only a few students
12. What long-term benefit of education is emphasized in the text?
 - A) Guaranteed wealth
 - B) Better economic and personal prospects
 - C) Complete social equality
 - D) Elimination of all problems

ANSWER KEY

No. Answer

- 1 C
- 2 B
- 3 B
- 4 C
- 5 C

No. Answer

6 B

7 C

8 B

9 C

10 C

11 B

12 B