

# Worksheet

Name :

Subject:

Lesson 4A U 5

Class: 11<sup>th</sup> grade

Date:

## Vocabulary Table 1: People & Personal Experience

English Word / Phrase	Arabic Meaning
blind	كُفِيفٌ / أعمى
German-born	المانيَّةُ المولَدُ
childhood	الطُفُولَةُ
fit in	يَنْدَمِجُ / يَتَأَقْلِمُ
cruel	قَاسٍ / ظَالِمٌ
desperate	يَائِسٌ
confidence	الثَّقَةُ بِالنَّفْسِ
capable of	قَادِرٌ عَلَى
come to terms with	يَتَقْبِلُ / يَتَعَايشُ مَعَ
opportunity	فُرْصَةٌ

## Vocabulary Table 2: Education & Skills

English Word / Phrase	Arabic Meaning
boarding school	مَدْرَسَةُ دَاخِلِيَّةٍ
special school	مَدْرَسَةٌ خَاصَّةٌ
visually impaired	ضَعِيفٌ / مَعَاقٌ بَصَرِيًّا
Braille	طَرِيقَةُ بَرَائِيلِ لِلقراءَةِ
Braille system	نَظَامُ بَرَائِيلِ
read Braille	يَقْرَأُ بِطَرِيقَةِ بَرَائِيلِ
learn skills	يَتَعَلَّمُ مَهَارَاتٍ
teaching	الْتَّدْرِيسُ

English Word / Phrase	Arabic Meaning
adjust to	يتأقلم مع

**Vocabulary Table 3: Challenges & Determination**

English Word / Phrase	Arabic Meaning
hide	يختفي
tough	صعب / شاق
shocked	مصدوم
determined	مصمم
believed	اعتقد
damaged	متضرر
harmful sun	الشمس الضارة
high altitudes	المرتفعات العالية
put her off	يثنّيها / يجعلها تتراجع

**Vocabulary Table 4: Achievements & Social Impact**

English Word / Phrase	Arabic Meaning
set up (a school)	يؤسس (مدرسة)
business partner	شريك عمل
vision	رؤيه / هدف
introduce	يقدم
spread the word	نشر الخبر
nominated	رشح
Nobel Peace Prize	جائزة نوبل للسلام
awards	جوائز
famous	مشهور

## Multiple Choice Questions

### 1. When did Sabriye Tenberken become blind?

- A. At birth
- B. At the age of 12
- C. At the age of 20
- D. At the age of 26

**Answer:** B

### 2. Why was life difficult for Sabriye at her first school?

- A. The lessons were too hard
- B. She did not like studying
- C. Other children were cruel and teachers did not understand her needs
- D. She had to travel far every day

**Answer:** C

### 3. What did Sabriye try to do before going to the special boarding school?

- A. Travel to Tibet
- B. Learn Tibetan
- C. Hide her blindness
- D. Teach blind children

**Answer:** C

### 4. What helped Sabriye grow in confidence at the boarding school?

- A. Learning foreign languages
- B. Teaching other students
- C. Learning sports and reading Braille
- D. Winning awards

**Answer:** C

### 5. Why did Sabriye study Tibetan at Bonn University?

- A. To become a teacher in Germany
- B. To help blind people in Tibet
- C. To write a book
- D. To become a business partner

**Answer:** B

### 6. Why did many Tibetan people have eyesight problems?

- A. Poor education
- B. Cold weather
- C. Damaging sun at high altitudes

D. Lack of exercise

**Answer: C**

**7. What important system did Sabriye create?**

- A. A new school system
- B. A Tibetan Braille system
- C. A travel guide
- D. A sports program

**Answer: B**

**8. Why were some blind children in Tibet never allowed outside?**

- A. There were no schools
- B. Their parents believed they would hurt themselves
- C. The weather was dangerous
- D. They had no teachers

**Answer: B**

**9. What is the name of the school Sabriye helped to set up?**

- A. My Path Leads to Tibet
- B. Bonn University
- C. Braille Without Borders
- D. Nobel School

**Answer: C**

**10. Why was Sabriye nominated for the Nobel Peace Prize?**

- A. For writing a book
- B. For studying Tibetan
- C. For helping blind children and her humanitarian work
- D. For travelling to Tibet

**Answer: C**

### Vocabulary – Multiple Choice Questions

**A. Meaning of Words in Context**

**1. He did it in a moment of \_\_\_\_\_.**

- A. vision
- B. panic
- C. ambition
- D. career

**Answer: B**

**2. She trains guide dogs for the \_\_\_\_\_.**

- A. ambitious
- B. blind
- C. defeated
- D. vision

**Answer: B**

**3. I would like to \_\_\_\_\_ a career in journalism.**

- A. pursue
- B. train
- C. panic
- D. spread

**Answer: A**

**4. The police didn't \_\_\_\_\_ the speeding car as it was going too fast.**

- A. pursue
- B. explain
- C. defeat
- D. train

**Answer: A**

**5. The new head teacher explained her \_\_\_\_\_ for the future of the school.**

- A. sight
- B. vision
- C. panic
- D. ambition

**Answer: B**

**6. Cats have very good night \_\_\_\_\_.**

- A. vision
- B. career
- C. ambition
- D. moment

**Answer: A**

**7. Her accident \_\_\_\_\_ her riding horses.**

- A. trained
- B. pursued
- C. defeated
- D. stopped

**Answer: D**

**8. He \_\_\_\_\_ his degree for a year.**

- A. defeated
- B. delayed
- C. trained
- D. explained

**Answer: B**

**9. She \_\_\_\_\_ her ambition of becoming a pilot.**

- A. defeated
- B. pursued
- C. spread
- D. trained

**Answer: B**

**10. She \_\_\_\_\_ no one was listening.**

- A. explained
- B. realised
- C. trained
- D. pursued

**Answer: B**

**11. He found the exam very \_\_\_\_\_.**

- A. ambitious
- B. determined
- C. challenging
- D. confident

**Answer: C**

**12. She's a very \_\_\_\_\_ person. She isn't easily defeated.**

- A. blind
- B. ambitious
- C. cruel
- D. shocked

**Answer: B**

### **Prepositions – Multiple Choice Questions**

**13. It wasn't until she went to boarding school that she came to terms \_\_\_\_ her blindness.**

- A. about
- B. of
- C. to
- D. with

**Answer: D**

**14. She travelled to rural Tibet to spread the word \_\_\_ her Braille system.**

- A. to
- B. of
- C. about
- D. with

**Answer: C**

**15. She was capable \_\_\_ doing the same things as everyone else.**

- A. to
- B. with
- C. of
- D. about

**Answer: C**

**16. To adjust \_\_\_ her blindness, she focused on what she could do.**

- A. to
- B. with
- C. of
- D. about

**Answer: A**

**17. Desperate \_\_\_ fit in, she tried to hide her blindness.**

- A. of
- B. to
- C. about
- D. with

**Answer: B**

#### Vocabulary Table: Phrases from the Text

Phrase from the Text	Meaning in English	المعنى بالعربية
became blind at the age of 12	lost her sight when she was 12	فقدت بصرها في سن 12
desperate to fit in	wanting strongly to be accepted	يائسة للاندماج
often cruel to her	treated her badly	كانوا قساة معها
did not understand her needs	failed to support her properly	لم يفهموا احتياجاتها
tried to hide her blindness	attempted to keep it secret	حاولت إخفاء إعاقتها البصرية
special boarding school	a school where students live and study	مدرسة داخلية خاصة
capable of doing	able to do	قادرة على القيام بـ

Phrase from the Text	Meaning in English	المعنى بالعربية
come to terms with	accept a difficult situation	تقبل / تتعايش مع
grew in confidence	became more confident	ازدادت ثقتها بنفسها
travelled around rural parts	moved through countryside areas	سافرت في المناطق الريفية
did not put her off	did not discourage her	لم يثثها ذلك
shocked to find	very surprised to discover	صدمت عندما اكتشفت
treated blind children	تعامل مع الأطفال المكفوفين	كيفية معاملة الأطفال المكفوفين
became determined to help	decided strongly to help	اصبحت مصممة على المساعدة
word was quickly spread	news spread fast	انتشر الخبر بسرعة
damaging sun	harmful sunlight	الشمس الضارة
high altitudes	very high places	المرتفعات العالية
write a Braille system	create a Braille system	تضع / تكتب نظام برايل
realised its potential	understood its importance	ادركت إمكانياته
pursue her dream	work hard to achieve a dream	تسعى لتحقيق حلمها
introduce her system	present her system to others	تقدم نظامها
set up a school	establish a school	تؤسس مدرسة
business partner	someone you work with in business	شريك عمل
adjust to their blindness	adapt to being blind	يتأقلمون مع إعاقتهم
nominated for the Nobel Peace Prize	officially suggested for the prize	رشحت لجائزة نوبل للسلام
won awards for her work	received prizes	فازت بجوائز عن عملها