



## Worksheet number ( 1 ) Vocabulary Unit Three

Name :

Subject:

(Fit as a Fiddle)

Class:

9<sup>th</sup>.grade

Date:

Nov.2025

**Learning objective :** Students should be able to be familiar with words spoken and written.

1. **Generations (noun)** - people born and living at about the same time.

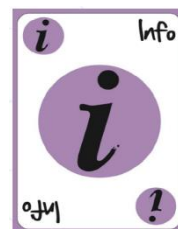
generate (v)

2. **Agriculture (noun)** - the practice of farming.

agricultural (adjective), agriculturally (adverb)

3. **Secret (noun)** - something kept hidden.

secret (adjective), secretly (adverb),



4. **Moderation (noun)** - not having too much of something.

moderate (adjective), moderately (adverb), moderate (verb).

5. **Life expectancy (noun)** - average length of life.

6. **Well-balanced (adjective)** - having all parts in good proportion.

balance (noun/verb).

7. **Contribute (verb)** - to give or help achieve something.

contribution (noun), contributory (adjective)

8. **Leafy (adjective)** - having many leaves.      leaf (noun)

9. **Staples (noun)** - main products grown and eaten in a place.

staple (verb), staple (adjective).

10. **Fit (adjective)** - healthy and strong.

fitness (noun), fit (verb)

**Question 1: Fill in with the correct word.**

Generations - Agriculture - Secret - Moderation - Life expectancy -  
Well-balanced - Contribute - Leafy - Staples - Fit

- 1. People are living longer today, and there \_\_\_\_\_ has increased over the past century.
- 2. The farmer studied \_\_\_\_\_ to learn how to grow crops more efficiently.
- 3. Eating dessert in \_\_\_\_\_ is fine, but too much sugar is unhealthy.
- 4. Rice and wheat are the main food \_\_\_\_\_ in many Asian countries.
- 5. My grandmother shared a family \_\_\_\_\_ that has been passed down for years.
- 6. If you eat a \_\_\_\_\_ diet, you'll get all the nutrients your body needs.
- 7. Large, \_\_\_\_\_ trees lined both sides of the quiet street.
- 8. Regular exercise helps you stay \_\_\_\_\_ and healthy.
- 9. Young people often \_\_\_\_\_ to their communities by volunteering.
- 10. Different \_\_\_\_\_ often have unique traditions and lifestyles.

**Q2: Put these words in meaningful sentences**

- 1- Leafy (adjective) .....
- 2- Moderate (v).....
- 3. Life expectancy:(n).....