



Worksheet number (1) Vocabulary Unit Three

Name :

Subject:

(Fit as a Fiddle)

Class:

9th.grade

Date:

Nov.2025

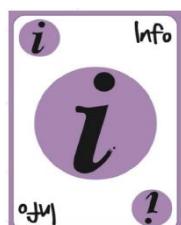
Learning objective : Students should be able to be familiar with words spoken and written.

1. Generations (noun) - people born and living at about the same time.

generate (v)

2. Agriculture (noun) - the practice of farming.

agricultural (adjective), agriculturally (adverb)



3. Secret (noun) - something kept hidden.

secret (adjective), secretly (adverb),

4. Moderation (noun) - not having too much of something.

moderate (adjective), moderately (adverb), moderate (verb).

5. Life expectancy (noun) - average length of life.

6. Well-balanced (adjective) - having all parts in good proportion.

balance (noun/verb).

7. Contribute (verb) - to give or help achieve something.

contribution (noun), contributory (adjective)

8. Leafy (adjective) - having many leaves. leaf (noun)

9. Staples (noun) - main products grown and eaten in a place.

staple (verb), staple (adjective).

10. Fit (adjective) - healthy and strong.

fitness (noun), fit (verb)

Question 1: Fill in with the correct word.

Generations - Agriculture - Secret - Moderation - Life expectancy -

Well-balanced - Contribute - Leafy - Staples - Fit

1. People are living longer today, and there _____ has increased over the past century.
2. The farmer studied _____ to learn how to grow crops more efficiently.
3. Eating dessert in _____ is fine, but too much sugar is unhealthy.
4. Rice and wheat are the main food _____ in many Asian countries.
5. My grandmother shared a family _____ that has been passed down for years.
6. If you eat a _____ diet, you'll get all the nutrients your body needs.
7. Large, _____ trees lined both sides of the quiet street.
8. Regular exercise helps you stay _____ and healthy.
9. Young people often _____ to their communities by volunteering.
10. Different _____ often have unique traditions and lifestyles.

Q2: Put these words in meaningful sentences

1- Leafy (adjective)

2- Moderate (v).....

3. Life expectancy:(n).....