

Worksheet

Name :		Subject:	Science
Class:	Fourth grade	Date:	

-Fill in the blanks with the correct answer:

**large - moving - joints - protective - fixed - twist - objects -
skull - circular - kneecap**

1. The primary function of arm bones is to help the body to _____ and to hold and move _____.
2. The structure of the pelvis is _____ in shape.
3. The legs are made up of very strong and _____ bones.
4. The patella is known as the _____.
5. A _____ is the area where two bones connect.
6. _____ joints can move, bend, and twist.
7. _____ joints don't move. An example is the _____.
8. To protect your bones, you should wear _____ clothes.

- Circle the correct answer

1. What is a joint?

- a) A type of muscle**
- b) The area where two bones connect**
- c) A bone in the leg**
- d) A protective covering**

2. Which of the following is a moving joint?

- a) Skull**
- b) Neck**
- c) Hip bone(fixed)**
- d) Ribs**

3. Another name of moving joint is:

- a) Fixed joints**
- b) Hinge joints**
- c) Muscles joints**
- d) Bones joints**

4. What type of joint does not move?

- a) Moving joint**
- b) Hinge joint**
- c) Fixed joint**
- d) Flexible joint**

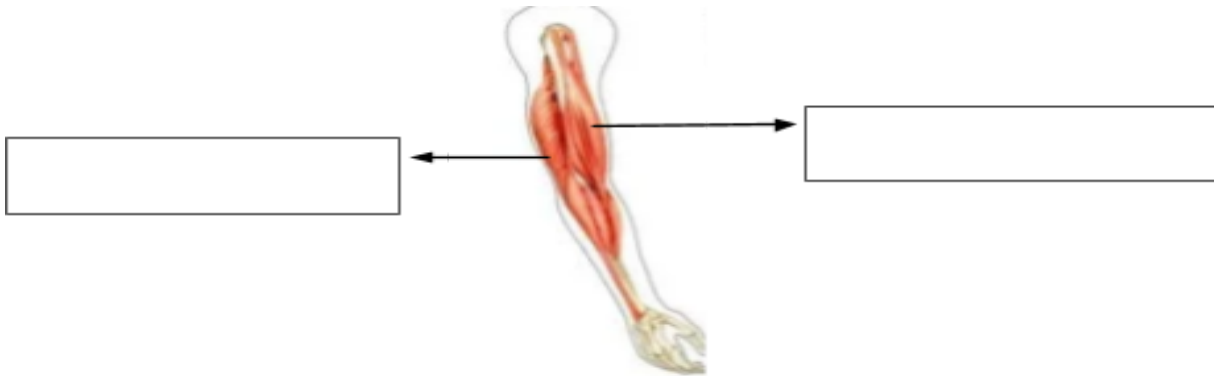
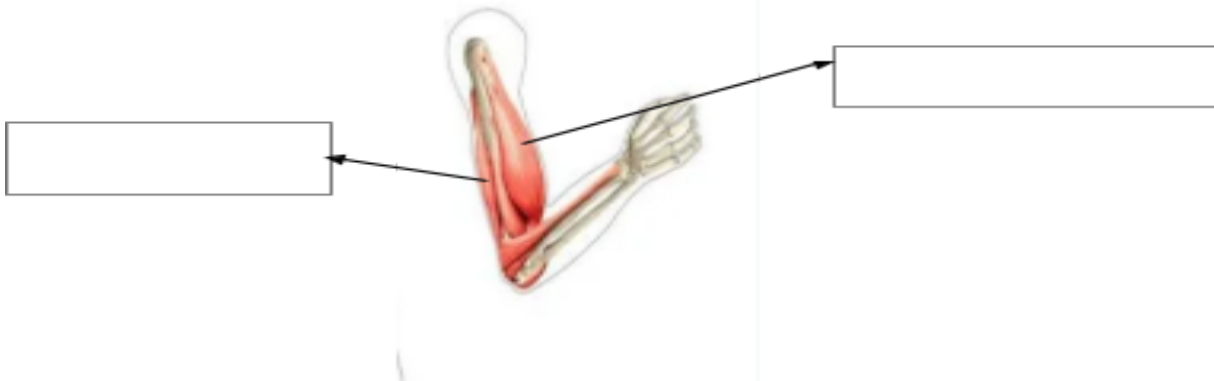
5. Which of the following helps protect your bones?

- a) Wearing heavy clothes**
- b) Eating sweets**
- c) Wearing protective clothes**
- d) Sitting all day**

- Label each of the following muscles movement:

Triceps contracted
Biceps relaxed

biceps contracted
triceps relaxed



Science Department
Teacher: Sara Samawi