



Worksheet

Name :		Subject:	Vocabulary
Class:	9 th grade	Date:	

SECTION 1 — Vocabulary 3.3 to 3.20

Table 1

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
set a goal	expression	/set ə ɡəʊl/	to decide on an aim	Kate set herself a goal of learning Chinese in two years.	aim for
social networking	noun	/'səʊʃl 'netwɜ:kɪŋ/	the act of connecting with people, especially online	The internet is the most popular way of social networking.	—
centenarian	noun	/,sentɪ'neəriən/	a person who is 100 years old or more	She became a centenarian in 2018.	—
elderly	adj	/'eldəli/	old (polite)	His great-grandfather is an elderly man.	aged
well	adverb	/wel/	very; used for emphasis	She was well into her twenties when she met my dad.	—
life expectancy	noun	/laɪf ɪks'pektənsi/	the expected length of life	Women have a longer life expectancy than men.	—
elsewhere	adverb	/,els'weə(r)/	in another place	She couldn't afford a flat there, so she rented one elsewhere.	somewhere else
unlike	preposition	/,ʌn'lʌɪk/	in contrast to	Unlike Anna, Ben doesn't play any instruments.	opposite of
in moderation	expression	/ɪn mɒdə'reɪʃn/	not too much; with limits	Drinking coffee in moderation won't harm you.	—
saying	noun	/seɪɪŋ/	a commonly used phrase expressing a truth	"Money makes the world go round" is an old saying.	proverb
factor	noun	/'fæktə(r)/	something that influences something else	One factor in the collapse was a tsunami.	cause
culture	noun	/'kʌltʃə(r)/	beliefs and way of life of a society	I learned a lot about Italian culture.	civilisation

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throughout	prep	/θruːˈaʊt/	during the whole of	It rained heavily throughout the day.	across
(be) worth	expression	/(biː) wɜːθ/	enjoyable or useful to have	Life is worth living when you are happy.	valuable
peninsula	noun	/pəˈnɪnsjələ/	land almost surrounded by water	The Scandinavian peninsula is the largest in Europe.	—
purpose	noun	/'pɜːpəs/	aim	His purpose is to get a teaching job.	goal
generation	noun	/ˌdʒenə'reɪʃn/	people born around the same time	The younger generation isn't interested in history.	age group
provide	verb	/prəˈvaɪd/	to give	The sun can provide us with more energy.	supply
agriculture	noun	/'ægrɪkʌltʃə(r)/	farming	The country depends on agriculture and tourism.	farming

SECTION 2 — Vocabulary 3.21 to 3.40

Table 2

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
squash	noun	/skwɒʃ/	a yellow-fleshed vegetable	Fried squash is a delicious dish.	—
crop	noun	/krɒp/	plant grown for food	There was no rain, so the crops died.	harvest
make up	phrasal verb	/meɪk ʌp/	to form	The team was made up of biology students.	form
well-balanced	adj	/wel-ˈbælənst/	containing needed food types	She eats a well-balanced diet.	healthy
calcium	noun	/'kælsiəm/	element found in bones and teeth	Dairy products are a good source of calcium.	—
strengthen	verb	/'streŋkθn/	make stronger	Walking can strengthen your bones.	reinforce
contribute (to)	verb	/kənˈtrɪbjʊːt/	help cause something	Eating well contributes to a long life.	add to

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
disease	noun	/dɪz'ɪ:z/	illness	Many diseases can now be cured.	sickness
lie	verb	/laɪ/	be located	The village lies on the south coast.	is situated
homegrown	adj	/ˌhəʊm'grəʊn/	grown in your own garden	I prefer homegrown strawberries.	—
leafy	adj	/ˈli:fi/	full of leaves	We had a salad of leafy vegetables.	—
herb	noun	/hɜ:b/	plant used in cooking or tea	His favourite herb is oregano.	—
prevent	verb	/prɪ'vent/	stop from happening	Keep paintings dark to prevent colour damage.	stop
staples	noun (plural)	/ˈsteɪplz/	basic food items	Bread is a staple food.	essentials
go a long way	expression	/gəʊ ə lɒŋ weɪ/	help a lot	Daily exercise goes a long way to keep you fit.	greatly help
mentally	adverb	/ˈmentli/	relating to the mind	Studying too long is mentally exhausting.	cognitively
physically	adverb	/ˈfɪzɪkli/	relating to the body	Sport helps you feel better physically.	bodily
element	noun	/ˈelɪment/	a pure chemical substance	Oxygen is an element in the air.	—
resource	noun	/rɪ'zɔ:s/	natural supply used for wealth	What will we do when resources run out?	supply
fitness	noun	/ˈfɪtnɪs/	state of being healthy	Exercise helps you achieve fitness.	health

SECTION 3 — Vocabulary 3.41 to 3.64

Table 3

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
operation	noun	/ɒpə'reɪʃn/	medical procedure	He had a heart operation.	surgery
recover	verb	/rɪ'kʌvə(r)/	to get better	Grandpa has recovered from his cold.	heal

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
injury	noun	/ˈɪndʒəri/	body damage	Her injuries weren't serious.	wound
treat	verb	/tri:t/	give medical care	The doctor will treat the burn.	cure
symptom	noun	/ˈsɪmptəm/	sign of illness	She had a high temperature but no other symptoms.	sign
patient	noun	/ˈpeɪʃnt/	person receiving medical care	The doctor gave the patient medicine.	—
emergency	noun	/ɪˈmɜːdʒənsi/	urgent situation	He went to hospital for a medical emergency.	crisis
judge	noun	/dʒʌdʒ/	person who decides in court	The judge listened carefully.	magistrate
ache	noun	/eɪk/	long-lasting pain	She had aches and pains for days.	soreness
instructor	noun	/ɪnˈstrʌktə(r)/	someone who teaches a sport	She's looking for a driving instructor.	trainer
pose	noun	/pəʊz/	body position	Yoga poses improve balance.	posture
toxin	noun	/ˈtɒksɪn/	poisonous substance	The air is full of toxins.	poison
criminal	noun	/ˈkrɪmɪnl/	someone who breaks the law	The police arrested two criminals.	offender
prison	noun	/ˈprɪzn/	building where criminals are kept	They were caught and sent to prison.	jail
lifestyle	noun	/ˈlaɪfstɑɪl/	way of living	People have different lifestyles depending on the region.	way of life
unwell	adj	/ʌnˈwel/	ill	He felt unwell and stayed in bed.	sick
pill	noun	/pɪl/	small piece of medicine	Take a pill for your headache.	tablet
flu	noun	/fluː/	common illness with fever and cough	If you have the flu, stay in bed.	influenza
decade	noun	/ˈdekeɪd/	period of ten years	He lived there for a decade.	ten years
pot	noun	/pɒt/	container for making tea	Is there any tea in the pot?	teapot
session	noun	/ˈseʃn/	period for a specific activity	He joined weekly yoga sessions.	class
lately	adv	/ˈleɪtli/	recently	I haven't seen him lately.	recently
under the	expression	/ˈʌndə ðə	feeling ill	He has been feeling under the	unwell

Word / Expression	Part of Speech	Pronunciation	Meaning	Example	Synonym
weather		'weðə(r)/		weather.	
weight	noun	/weɪt/	how heavy something is	I've put on weight since I stopped jogging.	mass