

Worksheet number (2) / How we move

Name :		Subject:	Science
Class:	6 th Grade	Date:	/2025

Objective: The importance of the skeleton and its parts.

★ Skeleton: the framework that supports, protects and shapes our body.

★ What is the importance of the skeleton?

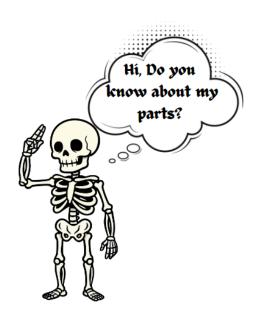
- 1. It helps us move.
- 2. It shapes our body.
- 3. It protects our soft organs.

★ Explain: Why is the skeleton compared to a hanger?

Because the skeleton supports our body like a hanger when it supports clothes.

★ Complete the following table:

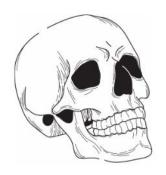
Bones	Fixed bones	Movable bones
Definition	Bones that can't be moved	Bones that we can move
Importance	It gives extra strength	It allows the body to move



+ Parts of the skeleton:

THE SKULL:

- **★ How many bones is our skull made of?** It is made of 14 flattened bones.
- ★ What does the skull protect?
 It protects our brain.



THE BACKBONE / SPINE:

- ★ How many bones is our spine made of? It is made of 33 bones.
- ★ What does the spine protect? It protects our spinal cord.



THE RIBS:

★ What is the importance of ribs?
They protect the heart and the lungs.



JOINTS:

★ Where do the joints occur?

They occur wherever two bones meet.

★ So, what are the types of joints?

Joint	Examples	Photo
Hinge joint	Knees & Elbows	
Ball and socket joint	Shoulders & Hips	
Pivot joint	Joint that connects the skull with the spine	



Science Department