



Worksheet

Name :

Subject:

Past and Present Habits

Class:

11th grade

Date:

Sentence Structures and Their Functions

Structure	Function	Examples
Subject + am/is/are + always/constantly/forever + V-ing	An annoying repeated habit in the present	She is always complaining about the weather.
Subject + was/were + always/constantly/forever + V-ing	An annoying repeated habit in the past	She was forever arguing with her parents when she was younger.
Subject + used to + infinitive	A past state or action which no longer exists	I used to feel very negative about my job.
Subject + would always/often + infinitive	A habit or repeated action in the past (not a state)	We would often watch TV together.
Subject + will + infinitive	A typical characteristic of a person	She will turn up late and act as if nothing is wrong.
Subject + past simple + (every week/day/etc.)	A repeated past action or state; it might still happen in the present	He played football every Saturday.
Subject + always + infinitive	A repeated action in the present	He always arrives on time.
Subject + am/is/are used to + V-ing / Noun / Pronoun	To describe present states, habits, or familiar things	I'm used to getting up early.

Rules for Past and Present Habits

1. Using Continuous Tenses with Always/Constantly/Forever

Use Present Continuous or Past Continuous + always/constantly/forever to talk about a habit repeated more than usual, which the speaker finds annoying or unexpected.

Examples:

- She is always complaining about the weather. (present habit)
- She was forever arguing with her parents when she was younger. (past habit)
- My mom is constantly telling me to study more. (present habit)
- She was always going into my room and taking things. (past habit)
- He is always leaving his shoes at the door. (present habit)

2. Using 'Used to + Infinitive'

Use 'used to + infinitive' to talk about a past state or repeated past actions that no longer exist. Did/Didn't use to can be used for questions and negatives.

- I used to feel tired after work, but now I don't.
- We used to spend a lot of time together.
- Note: 'Would' is not used to talk about past states.

3. Introducing New Topics with 'Used to'

You can introduce a new past topic with 'used to' without specifying time.

Example: I used to eat a lot of chips, but now I eat healthy food.

4. Using 'Would' for Repeated Past Actions

Use 'would' when the past topic has been introduced, usually specifying the time.

Example: My dad used to work nights. He would come home at six and we would have breakfast together.

5. Using 'Will/Would + Infinitive' for Typical Behavior

Use 'will' for present habits and 'would' for past habits to describe typical or characteristic behavior. They can describe both pleasant and annoying habits.

- She would always send me strange birthday gifts. (past)
- She will turn up late and act as if nothing is wrong. (present)

6. Present States and Habits

Use 'am/is/are used to + V-ing / Noun / Pronoun' to describe present habits or familiar things.

- I'm used to getting up early.
- I'm not used to driving in big cities.