



Worksheet

Name :

Subject:

Grammar

Class:

Grade 6

Date:

Date

Continuous tenses rules



1

Present Continuous

Form: am / is / are + verb + ing

Use: now / right now / at the moment
Example: She is eating now.



2

Past Continuous

Form: was / were + verb + ing

Use: something happening in the past (often interrupted)
Example: They were playing when it started to rain.



3

Present Perfect Continuous

Form: have / has been + verb + ing

Use: started in the past and still happening / emphasizing duration
Example: I have been studying for two hours.

Keywords: for, since, lately, recently



4

Future Continuous

Form: will be + verb + ing

Use: an action that will be happening at a specific time in the future

Example: She will be traveling tomorrow at 6 PM.

Keywords: tomorrow, next week, later, in two hours

PRESENT PERFECT CONTINUOUS

1. Study the boxes above. Then, complete the sentences below.

1. My cat _____ (sleep) _____ all day.
2. A: _____ Jim _____ (do) _____ exercise?
B: Yes, he _____. He needs a rest.
3. It _____ (rain) _____ for several days.
4. I failed the test because I _____ not _____ (study) _____ hard.
5. We _____ (drive) _____ for two hours.
6. Tracy and Tom _____ (play) _____ tennis for an hour.
7. A: I'm sorry I'm late. _____ you _____ (wait) _____ a long time?
B: No, I _____.
8. Where _____ you _____ (spend) _____ your summer holidays?
9. Who _____ (eat) _____ my cookies?
10. A: You look tired. _____ you _____ (work) _____ hard?
B: Yes, I _____.

2. Study the boxes above. Then, complete the sentences below.

1. She _____ (watch) too much television lately.
2. What _____ you _____ (do)?
3. Mary _____ (feel) a little depressed.
4. It _____ (wait) for two hours.
5. She _____ (listen) to music for two hours.
6. _____ she _____ (write) the report since 7th August 2011?
7. I _____ (meet) him since 2009.
8. They _____ (complete) their work since Monday.
9. Kids _____ (play) games for five hours.
10. They _____ (come) to the office since January 2012.

1. She _____ (not cook) because she is tired.
2. Mary and Laura _____ (study) French for 3 years.
3. My dogs _____ (bark) all night.
4. You _____ (not drive) since we left the city.
5. My sister _____ (write) some nice poems.

PRESENT SIMPLE vs PRESENT CONTINUOUS

■ Complete the sentences with the *present simple* or *present continuous* of the verbs.

1. James on the phone now. (talk)
2. Be quiet! The baby in his bedroom. (sleep)
3. They always soccer on Saturdays. (play)
4. My brother a documentary on TV. (watch)
5. I for my test right now. (study)
6. My sister breakfast every morning. (eat)
7. We our grandparents every summer. (visit)
8. He usually his homework after school. (do)
9. The Earth around the sun. (go)
10. David an e-mail at the moment. (write)
11. Look! The cat the tree. (climb)
12. They in the pool right now. (swim)
13. He in the park every evening. (run)
14. She always her mother in the kitchen. (help)
15. You your uniform today. (wear)
16. Right now, he a book. (read)
17. You your room every Saturday. (clean)
18. Ben and I to music at the moment. (listen)
19. I never before seven o'clock. (wake up)
20. Kate her hair at the moment. (wash)

FUTURE CONTINUOUS TENSE

Fill in the blanks with the correct form of the verbs.

- 1- She (dance) at the party tomorrow night.
- 2- They (not work) on the weekend.
- 3- you (play) basketball with us this Friday?
- 4- We (have) dinner at the restaurant at 8 PM.
- 5- I (not watch) TV during the meeting.
- 6- They (sing) their favorite song at the show.
- 7- he (study) at the library tomorrow afternoon?
- 8- they (cook) a special meal for the party?
- 9- She (call) you when she arrives there?
- 10- I (read) a book at the beach next Sunday.
- 11- He (not exercise) because he will be tired.
- 12- Will you (attend) the conference next month?
- 13- they (visit) their grandparents this summer?
- 14- she (teach) the dance class at 4 PM?
- 15- We (drive) to the mountains for a week.
- 16- She (not wear) a jacket; it will be warm.
- 17- they (take) a vacation this year?
- 18- he (paint) a picture for the art exhibition?
- 19- I (not sleep) because of the loud music.
- 20- How many people (join) the event?



