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Question one

* 1. Intercultural skills:

They help us communicate with people from different cultures.

* 2. Self-awareness:

It helps us understand ourselves and our behaviour.

* 3. Courage:

It helps us face problems without being afraid.

* 4. Putting yourself in someone else's shoes:

It helps us understand how other people feel.

* 5. **Being open:**

It helps us listen to different opinions and accept new ideas.

*6. Not getting stressed in turbulent times:

It helps us stay calm and make good decisions.

Question two

- Emma Dodwell_Groves (self awareness)
- Elmer Dixon (cross culture communication)
- Patricia Coleman(going deep inside and courage)
- Mowad (exposing yourself)
 - *Yvonne van der pul (Staying Open Openness)
- Abby Beckley (desire to learn education)
- Pari Nemazie (questioning)Question three(3)

Many of us see the world from our own little **bubble** – we only speak to people who are similar to us. We need to be careful not to make **assumptions** about other cultures.

Cross-cultural communication skills can help us to bridge **gaps** and bring people together. This is important in turbulent times, when people tend to become **divided**.

We ought to listen to people from other cultures and put ourselves in their **shoes**.

We shouldn't internalise all the negative things happening in the world, and we shouldn't **take** out that negativity on other people.

If we want a better world, we should do something about it instead of feeling bitterness.

We need to question ourselves, keep an open mind and prepare for the unexpected.

- 1 bubble
- 2 assumptions
- 3 gaps
- 4 divided
- 5 shoes
- 6 take
- **7** bitterness
- 8 open